CEOM Plenary Meeting

Health in Albania

Tirana, 7 June 2019

Dr. Fatmir BRAHIMAJ
President of the OPA
Welcome to Tirana-capital of Albania
Albania

Resident population 2.9 million
(more than 1.2 million Albanian citizens live abroad)

Figure: Physical map of Albania
Demographic trends 1996-2034
Life expectancy trends

<table>
<thead>
<tr>
<th>Year</th>
<th>Burra-Men</th>
<th>Gra-Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>2007</td>
<td>72.7</td>
<td>78.0</td>
</tr>
<tr>
<td>2008</td>
<td>73.2</td>
<td>78.6</td>
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<tr>
<td>2009</td>
<td>73.9</td>
<td>78.8</td>
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<tr>
<td>2010</td>
<td>74.7</td>
<td>79.4</td>
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<tr>
<td>2011</td>
<td>75.3</td>
<td>79.8</td>
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<td>2012</td>
<td>75.5</td>
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<td>2013</td>
<td>75.8</td>
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<tr>
<td>2014</td>
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<td>2015</td>
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<tr>
<td>2016</td>
<td>77.0</td>
<td>80.1</td>
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Infant mortality trends
Most frequent causes of death in Albania (2017)

- CV diseases: 53.6%
- Neoplasms: 16.4%
- Unspecified: 16.0%
- Trauma: 3.7%
- Respiratory diseases: 3.0%
- Digestive tract diseases: 1.6%
- CNS diseases: 1.3%
- Endocrine disorders: 1.3%
- Others: 1.4%
- Others: 1.3%
Hypertension, diabetes and depression cases.  
GP registries, 2011-2017
Prevalence (%) of Smoking in adult population

Prevalence (%) of Overweight and Obesity in population 15-49 years old, and gender

ADHS 2008-09

Mbipeshe: Males 53% - Females 39%
Obeze: Males 9% - Females 10%

ADHS 2017-18

Mbipeshe: Males 40% - Females 29%
Obeze: Males 13% - Females 16%
Prevalence (%) of Obesity in children 8-9 years old

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<thead>
<tr>
<th>Year</th>
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<td>COZI 2013</td>
<td>5.9</td>
<td>9.9</td>
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<tr>
<td>Cozi 2016</td>
<td>5.8</td>
<td>12.3</td>
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</table>
Service providers in Albania

- Tertiary Healthcare Level:
  - Tirana University Center "Mother Theresa"
  - Obstetric Gynecologic Hospital "Queen Geraldine"
  - Obstetric Gynecologic Hospital "Koço Gllozheni"
  - University Hospital "Shefqet Ndroqi"
  - University Trauma Center
  - Special Healthcare Institutions
    - Mental Health Hospital Elbasan
    - Mental Health Hospital Vlorë

- Secondary Healthcare Level:
  - Regional Hospitals (11)
  - Municipal Hospitals (24)

- Primary Healthcare Level:
  - Primary Healthcare Centers (406)
  - Polyclinics of Specialties (4)
  - Pulmonary Diseases Dispensary (1)
  - Outreach Oncology Service of Tirana (1)
Public Health Expenditure as a proportion of Total Health Expenditure

![Bar chart showing public health expenditure as a proportion of total health expenditure for Albania, WHO Euro, and EU. Albania: 49.90%, WHO Euro: 67.90%, EU: 76.20%.]
Health Financing

• Total budget for health for 2018 was 48.6 billion Leke (around 422 million USD)
  – The total budget for Primary Health Care services in Albania for 2018 was 8.67 billion Leke (around 78 million USD).

• Total Government Expenditure 2018 was 497 billion Leke (around 4.5 billion USD)
One of the main challenges for the Albanian Healthcare System is the low number of physicians per capita. Albania ranks in the lowest position among other countries in WHO European Region, in term of physicians per residents. It is coupled with the tendency of recent years for your physicians to emigrate away from the country.
Physician’s data

- 6163 registered physicians
- 3475 registered general physicians
- 2688 registered specialist doctors
- ~900 good standing certificates from 2010
Thank You